

“THE GOOD NEWS”

ANTIOCH BAPTIST CHURCH



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January through March 2013

Cassandra McKoy, Editor

Just Do It!

Here we are again, another new year with another opportunity to make changes in our lives. Maybe this year we shouldn't say we are making new resolutions because it tends to put too much pressure on you. Typically people who make resolutions tend to break them within the first couple months—you know its true! Instead, let's make a commitment to do things throughout the year that will improve our lives. The premise is that we need to take inventory of our lives and eliminate anything that is negative and causes us stress while we add things that are positive and make us

more contentment.

Here are a few suggestions:

- Plan a vacation or short day trips throughout the year to break the monotony of our schedule.
- Find opportunities to be in fellowship with other Christians inside or outside of your church family.
- Make time for daily prayer, Bible Study, and devotion.
- Be a missionary (not just in name). Visit the sick and shut-in, and donate time to a local community agency.

Use this time to tell someone about Christ and invite them to church. And,

- Join a ministry and donate your talents to the church for Kingdom building.

Surely there are numerous other things that you can do to make your life more pleasurable. Whatever it is, Just Do It!

The ABC's of Salvation

If this new year inspires you to start a relationship with God, then you should know the ABC's of salvation. Understand that we all have sinned against God in some way. The Good New? God sent Jesus to atone for our sins by sacrificing His life on the cross. The Good New? Salvation is free to everyone. Salvation comes from your faith and belief in Christ.

The Bible clearly tells us how we can be saved. Romans 10:9 reads, "For if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved" (NLT).

The Word makes it clear, to:

Accept Christ as your Saviour,

Believe that He is the son of God who died for your sins and was raised from the dead; and,

Confess with your mouth that He is Lord.

If you are at a lost for words, here is a sample prayer of salvation:

Heavenly Father, I know I am a sinner, so I come to you asking for forgiveness of my sins. I believe and confess that Jesus Christ is Lord. I know that He died for my sins on Calvary's Cross and You raised Him from the dead. Lord I love you and I accept your precious gift of eternal

life.

If you sincerely prayed this or another prayer of salvation, we believe that you are now saved. Welcome to the family of God. Now that you have been baptized by the Spirit, we encourage you to join a Bible teaching/Bible preaching church where you can be baptized in the water as a public display of your commitment to the calling of Christ.

If you have questions or need guidance, please see the Pastor, Associate Pastor, or a Deacon.

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Church Information

- Sunday School, Sunday 9:30 am
- Worship Services, Sunday 11:00 am
- Bible Study/Prayer Service, Wednesday 7:00 pm

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WHOA (Women Helping One Another)

The beginning of a new year usually brings about resolutions to renew commitments to God. What better way to start than to attend a retreat—a time to get away from distractions and commune with God.

The Women's Ministry of Antioch Baptist Church is planning a Women's Retreat for members and nonmembers. June 7, 2013 through June 9, 2013 will be a dynamic weekend of transformation. We know that God can change and restore weak-

ry hearts; He can strengthen and build up weak relationships. Take this opportunity to rest, refresh, and renew your commitment to the call of Christ.



ness Roxanne Pugh and Reverend Belina Wimbish-Haile.

You will also find a peaceful spiritual environment and great fellowship with other Christian women all in the luxury accommodations of Sandy Cove Ministries in Maryland.

**Women's Retreat
June 7-9, 2013
Sandy Cove Ministries
Maryland
Cost: \$250.00
Trustee Pat Banks or
Treasurer Ruth Meney
For more information.**

new concepts to life then we

should have these same expectations for ourselves. We as believers should always walk in the presence of newness. 2 Corinthians 5:17 states "Therefore if anyone is in Christ, he is a new creation; old things have passed away; behold all things have become new."

My prayer in this 2013 season is for all of you to do a new thing in a new year. Don't be held in bondage of the things in the past. We must learn to embrace change and prepare our minds and heart for the new things God has in store for us. My God is not a God of leftover blessings; He is a God of brand new mercies. Due to this newness that God possess I can live 2013 better than I did in 2012.

Be Blessed

Greeting to all,

A Message From Reverend Carter



Youth Spotlight



Serena Smith is the fifteen year old daughter of Minister Tammy Smith.

She is a ninth grade student at Eastern View High School. Her favorite subject is World History. Serena has been an honor student since elementary school. She is a member of the National Junior Honor Society and has received Presidential and Na-

tional awards in math.

Serena is an active member of Antioch Baptist Church. She is the Vice President of the Youth Ministry, a member of the Youth Choir, and a Junior Usher. She enjoys spending time with friends, making jewelry with kumuhimo, latch hook crafts, and coloring.



Senior Spotlight

Shakespeare Bland has been a member of Antioch Baptist Church for over 50 years. He has served as a Sunday School

teacher and a Deacon. He helped organize the Gospel Chorus now known as the Angelic Mass Choir. He currently serves as a Deacon Emeritus.

Mr. Bland has also been an active member of the Culpeper

Community. He helped start a Boys Scout Program and Cubs Scout program sponsored by the Antioch Baptist Church. He served on the Salem Ruritan Service Organization and continues to work with the Reva Volunteer Fire and Rescue as a fundraiser.

Mr. Bland was teacher in Fairfax County Schools for 26 years. He brings a wealth of knowledge to any program or ministry he is involved in. We are thankful for his dedication.

Black History Moment

As Black History Month approaches, try to find ways to celebrate our heritage. Make each day of February an opportunity to learn or to teach. Take time to make yourself (and others) aware of the struggles of people who contributed to our story and their accomplishments.

Make a point to learn more about the struggle by viewing some important documentaries that detail moments in the fight to integrate the South.

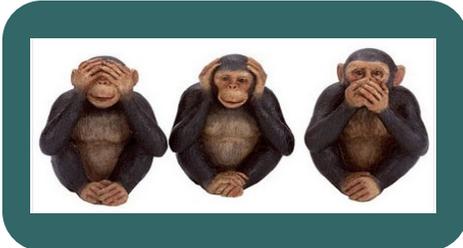
A few must see documentaries are: "Eyes on the Prize". This is a chronicle of moments in the Civil Rights Struggle. "Have You Heard From Johannesburg" is

an educational look at the struggle against apartheid in South Africa. "Slavery By Another Name" is an excellent piece of work that details the labor practices in the South after Emancipation. Lastly, "Freedom Riders: American Experience" is perhaps the most recently produced documentary that follows the events of hundreds of people traveling through the South to support integration.

If you do not choose to view any of these documentaries, you could also visit historical landmarks, museums, musical celebrations, or attend a black history program.

If you do not choose to take advantage of any of those attractions or activities, then simply speak with some of the senior members of our church family. Antioch hold a wealth of historical knowledge in our senior members. You will get lots of good information from a first hand source.

Whatever you choose to do to commemorate our heritage, don't let it begin and end with Black History Month. Let it be a life long practice.



See No Evil, Hear No Evil, Speak No Evil

When we commit ourselves and our lives to Christ, it comes with great responsibility. One of the greatest responsibilities beyond spreading the Gospel, is to be a truth seeker and truth speaker. When Jesus spoke to God in Matthew 17, KJV, He prayed for God's chosen. He said to God, "sanctify them through thy truth: the word is truth." As we live in this world, we are to walk in God's truth. When we fail to do so, we walk outside of God's Will. Jesus prayed that God would equip us with a strong character that will rebuke anything that is not of the righteous truth of God.

We encounter situations daily that test our character and strength in the Lord. Many fail the tests by not standing up for the right, therefore ignoring wrong doing, thus, honoring a code of silence to stay in man's good graces.

In times when you stand against untruths or any other evil for that matter, remember what Jesus says in Matthew 6:33 KJV, "But seek ye first the kingdom of God, and his righteousness..." Essentially, our goal should not be to please man and stay in man's favor, but to do things that are pleasing in the sight of God.

In this new year, let us truly be truth seekers and truth speakers for lies bind and divide but the truth shall make you free. John 8:32 KJV.

Calendar of Events



February 2, 2013—Quarterly Board Meeting

February 8, 2013—Quarterly Church Meeting

March 17, 2013—Pastor's Anniversary

We're On The Web:

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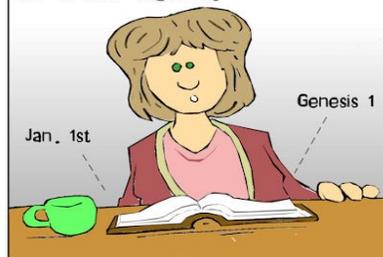
If you would like information or pictures included in the next newsletter, please see Sister McKoy or Trustee McKoy before

March 18, 2013.

So You Got Jokes :)'

The Back Pew - Jeff Larson

WO.. this is like DEJA-VU all over again.



The time honored but much maligned New Years Resolution to read through the Bible in one year begins.. AGAIN!



Five Finger Prayer

1. Your thumb is nearest you. So begin your prayers by praying for those close to you.
2. The next finger is the pointing finger. Pray for those who teach, instruct and heal.
3. The next finger is the middle finger - tallest finger. It reminds us of our leaders.
4. The fourth finger is the ring finger. Surprising to many is the fact that this is our weakest finger. It reminds us to pray for those who are weak, troubled or in pain.
5. And lastly comes the little finger—the smallest finger of all, which is where we should place

FOCUS ON PRAYER . . .

Flu Season Is Here! Let's Take Precautions by following a few Health Tips

Health Ministry Tips

1. Get Your Flu Shot
2. If you are sick, stay home.
3. Wash Your Hands.
4. Cover your mouth with the inside of the elbow if you have to cough.
5. Drink a lot of fluids.
6. Wear your coat and hats.