

"The Good News"

Cassandra McKoy, Editor

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2013



PRAY WITH PURPOSE

In this last quarter of the year, we will close out our theme "Focus on Prayer" by discussing the essential components of a prayer. Now, of course, a prayer is a private conversation with God and there are no right or wrong ways to pray: this is true. However, not forsaking the fact that there are different types of prayer (as discussed in last quarter's newsletter), there are components that should at some time (if not all the time) be included in your prayer. In Matthew 9:13, Jesus teaches his Disciples the Lord's Prayer. He instructs them to pray daily this unified prayer that includes important components.

Using the acronym PRAY, let's look at these components. First, **P** is for Praise; God inhabits our Praise. This means that when you give God praise, you please Him and His spirit will dwell in the midst. Praise Him for being the one true living God. Praise Him for what He has done in

your life. Praise Him for being the "Great I Am". Praise Him by exalting His name above all others. You can also praise God for the people He puts in your path. Thank Him for what he has done for you and for the testimonies of others that may help you overcome.

R is for Repent. Present yourself as an empty vessel by releasing the burden of sins. Admit your sins to God. Humble yourself by acknowledging that you are fallible through your actions, words, and the desires of your heart.

A is for Ask. Ask for forgiveness and then ask for a covering to keep you from returning to the sin. Make a sincere petition to God - He is a giver who is able and willing to supply all of your needs. God gives to us daily even when we don't give to Him. There is absolutely nothing wrong with asking God for what you need or want.

Y is for Yield. When petitioning God's grace and mercy, be willing to Yield to God and His mighty power. You can yield to Him by leaving all of your burdens at the altar and letting Him handle them for you. You can also yield by acknowledging that you need God. Exercise your faith by being willing to move out of the way and concede that God's will is what is best

for you. When you end your prayer with Amen, that is your declaration that you believe that God will take care of everything.

In the book, 31 Days of Prayer, Ruth Myers sums up these practices as having a "heart checkup." She writes, "Leaving our feelings in God's hands helps us be more consistent in prayer. If we find ourselves floundering, we can ask the Lord to give us insight as we conduct a "heart checkup". [Ask yourself:]

~ Am I praying in faith based on God's Word?

~Have I confessed every known sin?

~Am I praying in agreement with what I understand to be God's will and purpose?

~Am I yielding to Christ's lordship and abiding in Him?

~Am I praying in Jesus' name-in His merits and not my own?

If these checkup questions show that our hearts are right, we can depend on God's promises to hear and answer us" (pg. 194-195).

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SPECIAL POINTS OF INTEREST:

- **P** = Praise
- **R** = Repent
- **A** = Ask
- **Y** = Yield



UNABLE TO DISPLAY

Ministry Spotlight



Missionary Ministry

Who is qualified to be a Missionary? Everyone. God expects us to always avail ourselves to be in the business of servitude through giving: of course giving your talents, time, and tithes; but also, giving in tireless deeds.

Ultimately, everyone is called to be a Missionary. You don't have to be a certain age or gender, you just have to be willing to serve with a compassionate heart while representing the spirit and the body of Christ.

The Antioch Baptist Church's Missionary Ministry has taken on these tasks with full dedication.

The Missionary Ministry serves people in the Church and in the surrounding communities. They visit the sick and shut-in, offer support and comfort to the needy and bereaved, and they reach out with a heart for giving.

Youth Spotlight

Charlysia Picot



Ms. Charlysia Picot is the five year old daughter of Charlie Picot and Rochelle Lambert. Charlysia has just made the big transition to entering Kindergarten. She attends A.G. Richardson Elementary School where she loves to

attend school and learn new things. She looks forward to attending school daily to spend time with her friends at A.G. and the Rainbow Learning Center.

Charlysia is a social butterfly who loves to give hugs to her teachers, church family, and friends. She enjoys spending time with her Mom, Dad,

and Granddaddy. She also loves to sing with her Mom, run, and dress up. Charlysia is active in church and is always willing to offer a beautiful smile to make your day brighter.

Dorothy Viola Jones Carpenter was born on October 23, 2013 and will be 91 years old this year. She is the sweet, bubbly staple of Antioch, who was baptized and joined the church in 1946. Ms. Carpenter was born in Newark, New Jersey but moved to Culpeper around the age of 9 years old. She was raised by her uncle and aunt, Mr. and Mrs. Matthew Ware. Her hobbies were sewing and gardening. She has always

Senior Spotlight

Viola Carpenter



enjoyed plants and flowers.

Since joining Antioch, Ms. Carpenter worked with the Sunday School classes, the Missionaries, and the Cub Scouts Troop that was sponsored by Antioch. She also volunteered in other capacities wherever she was

needed. Ms. Carpenter is fondly referred to at the “Mayor of Old Fredericksburg Road,” and also “Old Hawkeye.” She loves people; loves a good conversation; and, she always finds a good laugh everyday.

In Memory

Mrs. Carlton Lewis departed from this life on August 14, 2013. She was a member of Antioch Baptist Church for over seventy five years. She served in several capacities throughout her years of membership. Mrs. Lewis was a member of the choir, the choir musician and, Deaconess. She served for many years until she encountered health problems. Ms. Lewis imparted a lot of wisdom and guidance within the Church family. Her strong presence will be greatly missed.



Carlton W. Lewis
September 23, 1920 -
August 14, 2013



Kevin E. Brown
April 20, 1956 -
October 2, 2013

Mr. Kevin E. Brown departed from this life on October 2, 2013. Kevin became a member of Antioch Baptist Church at an early age. He was an active member of the Senior Ministry where he was lauded as a quiet humble spirit who enjoyed fellowship with others. It was truly a blessing to be touched by Kevin and to let his spirit encourage us all to respect and take care of each other. His warm and caring presence will not be forgotten.

The Thankful Giving Season



This last quarter of the year is sometimes referred to as “The Thankful Giving Season” because we celebrate Thanksgiving and Christmas back-to-back. As each holiday approaches, be mindful of a few things. Try to keep focused on the real reasons for the season. During each holiday, we

gather with family and friends; wouldn't this be a good time to be a beacon of light for the saved and unsaved? Be the light that Christ wants us to be. Start by remembering that the Thanksgiving cornucopia harvest represents the abun-

dance of our blessings and how God supplies all of our needs on earth as well as gives us treasures that he stored in heaven for us. The Christmas wreath is an unending circle that represents God's unending love for all of us. Be of good cheer and spread these tidings of “The Good News” to everyone your encounter this Thankful Giving Season.



Reminders

October is
**Breast Cancer Awareness
Month:**

Remember to get regular
screenings
for early detection.



October is also
**Domestic Violence
Awareness Month:**

To seek support,
information, or
services, contact SAFE
(Services to Abused
Families)



Wednesday night Bible Study is now available over a Teleconference
Phone Line.

Call: (888) 392-4560
Access Code: 4317017
Call in at 7:15 pm

Audio and video recordings of the Church Services are available. See
Trustee Robert Moss for an order form. This is a great way to keep
members who are away at college, sick, or shut-in, connected in worship
and with their church family.

Scripture for the Quarter:

**“A man’s pride shall bring him low; but honour shall
uphold the humble in spirit.”**

Proverbs 29: 23 KJV

Calendar of Events

October 26, 2013

Women’s Ministry Prayer Breakfast

November 3, 2013

Senior Ministry Silent Jubilee

November 4, 2013—Quartely Board Meeting

November 8, 2013—Quarterly Church Meeting

December 7, 2013

Health Ministry Breakfast

Our website is being
redesigned—check back
soon to see what’s new!

So You Got Jokes?:)

The Back Pew – Jeff Larson

Ohhh you better watch out, you
better not cry you better not
pout I’m tellin’ you
why.. JESUS CHRIST
is coming
again



That guest speaker last Sunday looked very familiar, and so did his message.

**FLU SEASON IS HERE!
DON'T FORGET TO GET YOUR
FLU SHOT!!!**

